



Michael McCleery is a licensed Social Worker in Ontario with over 35 years of experience supporting adults and families through life's challenges, including grief, anxiety, depression, relationship struggles, caregiver stress, and major life transitions.

His approach helps people identify how their relationships shape their sense of self through discovery of unmet needs, be it emotional, relational, and physical. Jointly with his clients, he works on strengthening relationships, processing emotions, and creating a more resilient and fulfilling life.

Michael holds a certification in Self-in-Relationship Psychotherapy from the Institute.